

Instructions for instruments from “Casey’s Corner”

RHYTHM STICKS:

Materials:

- Thick wooden dowels or old broom handles
- Saw
- Sandpaper
- Safety goggles

Procedure:

1. Cut the wooden dowels or broom handles into matching lengths of about 12 inches (they could also be cut at a local home improvement store).
2. Sand the edges of the dowels so there are no rough spots (we recommend wearing safety goggles for this step...especially if children are helping).
3. Leave them plain or have the children paint and decorate.

SANDPAPER BLOCKS:

Materials:

- Sandpaper
- A pair of wooden blocks (approximately 3X4 or sized to fit a child’s hand)
- Hot glue gun and glue
- scissors

Procedure:

1. Cut pieces of sandpaper to fit onto one side of each of the wooden blocks.
2. Using a glue gun, glue sandpaper to each wooden block
3. Children can rub the sand papered sides together to make a sound

PAPER PLATE TAMBOURINES:

Materials:

- Paper plates
- Stapler and staples
- Heavy tape
- Dry beans or pasta (may pose a choking hazard to young children)

Procedure:

1. Put two paper plates together so that the two top sides of the plates are touching.
2. Staple $\frac{3}{4}$ of the way around the edge.

3. Put a handful of dry beans or pasta into the opening.
4. Finish stapling the plates together.
5. Cover the stapled edges with duct tape.
6. Have the children decorate the plates with paint or markers. Ribbon or crepe paper streamers may also be added to the edges.

SHAKERS:

Materials:

- Canisters (35mm film canisters or potato chip cans)
- Dry beans or pasta (may pose a choking hazard to young children)
- Duct tape

Procedure:

1. Put a handful of dry beans or pasta into a clean, empty canister.
2. Put the lid on and secure with duct tape (for extra security you can glue the top onto the canister before taping it).
3. To decorate, cover the canister with construction paper and let the children color or paint.

TAMBOURINES:

Materials:

- Plastic coated wire
- Large bells (may pose a choking hazard to young children)
- Inner ring of a plastic or wooden embroidery hoop, or a large coffee can lid with the center cut out
- Yarn

Procedure:

1. String small pieces of plastic coated wire through several large bells.
2. Twist the wires at intervals around the embroidery hoop or coffee can lid.
3. Cover the wires by wrapping heavy yarn around the entire hoop.
4. Tie the end of the yarn in a tight knot around the hoop.

PIPE CLEANER WRIST BELLS:

Materials:

- Pipe cleaners
- Bells (may pose a choking hazard to young children)

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Procedure:

1. Have children thread bells onto a pipe cleaner
2. Twist the ends of the pipe cleaner together to form a bracelet.

WRIST BELLS:

Materials:

- Wide elastic
- Sewing needle
- Heavy thread
- Small bells (may pose a choking hazard to young children)

Procedure:

1. Cut lengths of wide elastic to fit loosely around a child's wrist.
2. Use the needle and thread to securely sew at least four bells to the elastic.
3. Sew the ends together to form a circle.

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