First Aid Kit

Each child care program must have a first aid kit stocked with the items needed to treat a broad range of injuries and situations.

Your health care plan lists what you will keep in your first aid kit and where in your program it will be kept. Larger programs usually have many kits.

In some areas, the local poison control officials may suggest that you include specific items in your first aid kit because of the time required to get emergency medical treatment. Be sure to check with them when preparing your first aid kit and follow their directions.

**Potassium Iodide (KI)**

Child care programs located within a 10-mile radius of a nuclear power plant were sent a letter from OCFS providing instructions for giving potassium iodide in the event of radioactive emissions. All programs, even those not approved to give medication, can keep potassium iodide in their first aid kit or emergency bag. Programs must inform parents of the program’s geographic location and the use of potassium iodide.

Potassium iodide does not require a physician’s prescription and, although giving potassium iodide to children in the event of radiation exposure is recommended, it is not required. You must get parents’ consent if they do not want potassium iodide given to their children.
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