



## My Safe Place

Where do you go when you need time to unwind and de-stress?

Describe what your safe place looks, smells, sounds, feels like:

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Using your safe space as inspiration, in the box below, design a space in your program that can be a safe place for the children to go to when they need time to themselves. Sketch what furniture you would have and where you would put it. Indicate what materials you would have in the space and where you would put them. (Additional space is provided for listing materials below the box, if you need it.)

What colors would you use in the space? \_\_\_\_\_

What other materials would you put in the space?

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_____	_____	_____
_____	_____	_____