



Handout Intro.1

MEDICATION ADMINISTRATION TRAINING (MAT) COURSE OVERVIEW

Any child care provider who plans to administer medication, with the exception of over-the-counter topical ointments, sunscreen and topically applied insect repellent to children in a child care setting must successfully complete a medication administration training approved by the Office of Children and Family Services.

Who is Exempt from the MAT course?

- Parents, guardians and relatives within the third degree of consanguinity* of the parents or step-parents are able to give medication to a child even if the program has chosen not to administer medication or if the staff person designated to administer medication is not present when the child receives the medication.
 - *A relative within the third degree of consanguinity of the parent or step-parent includes: the grandparents of the child; the great-grandparents of the child; the great-great-grandparents of the child; the aunts and uncles of the child, including the spouses of the aunts and uncles; the great-aunts and great uncles of the child, including the spouses of the great-aunts and great-uncles; the siblings of the child; and the first cousins of the child, including the spouses of the cousins.
- Any person who holds a valid New York State license as a physician, physician assistant, registered nurse, nurse practitioner, licensed practical nurse or advanced emergency medical technician is not required to take the MAT course.

Purpose of MAT Course

The MAT course trains you to administer medication safely in a child care setting using seven routes: oral, topical, inhaled, medicated patches, eye, ear and emergency injection of epinephrine using an auto-injector device.

You must be able to read and write in the language the health care provider instructions and parental permissions are written. This includes medication labels, inserts and print-outs for the medication.



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Testing

You will be tested on the information included in the MAT handouts and the video only. There are two testing parts: the written test and the skills demonstrations. **When completing any of the testing, you can use all of the MAT handouts as a resource.**

Written Test

- The test is 60 multiple choice questions.
- You must get an 80% or above to pass the test.
- The written test has some key questions marked with a star. All of the starred questions must be answered correctly in order to pass the written test.

If you do not pass the written test on your first try, you can take another test with different questions. If you do not pass the test on your second try, you will need to complete the full MAT course.

Skills Demonstrations

- There are three (3) skills demonstrations including:
 - showing the trainer you can give medication safely by walking through the medication administration process. You will show the trainer how to safely give medication by **one** of the following routes: oral, topical, inhaled, eye or ear medication or the application of a medicated patch. **There is an example of this on the video to help you get ready.**
 - showing the trainer you can correctly measure liquid medication using either a medication cup, a dosing spoon or an oral medication syringe.
 - showing the trainer you can correctly administer an epinephrine auto-injector in the event of a severe allergic reaction.

An approved MAT Trainer will watch you complete each of these skills. If you do not pass on your first try, you will select a different route and can try again. If you do not pass on your second try, you will need to complete the full MAT course.