



## Permissions and Instructions Case Scenarios

Read the following scenarios. Use Handouts 2.3, 2.14 and 2.15 to answer the questions.

1. Martha, a three-year-old child in your program has asthma. She sometimes needs her inhaler to help manage her attacks, especially in the fall. When Martha's mother enrolled her in your program five months ago, she provided an extra inhaler for you to have available for use in the event of an asthma episode. Today you notice Martha is wheezing and is telling you she is having a difficult time breathing.
  - a. Which Handout are you going to use to determine the minimum permissions and instructions needed?  
ANSWER: Reference Handout 2.3 since this medication is given on an on-going basis.
  - b. What is the minimum parental permission you must have on file in order to give Martha Ventolin®, a prescription asthma inhaler?  
ANSWER: The medication is prescription so the program would need written permission from the parent
  - c. What are the minimum health care provider instructions you must have on file in order to give Martha Ventolin®?  
ANSWER: The medication is prescription so the program would need written instructions from the health care provider
  
2. Jonathan is a two-year-old in your program. His father arrives at your program to drop Jonathan off in the morning and tells you that Jonathan has an ear infection and needs to get one dose of a prescription antibiotic ear drops while in the program. He tells you that because they went to the emergency room, he forgot to get written instructions from the health care provider. He asks that you start giving Jonathan his prescription ear drops today until he can get written instructions from the health care provider.
  - a. Which Handout are you going to reference to determine the minimum permissions and instructions needed?  
ANSWER: Reference Handout 2.14 since the parent arrived at the program without written permissions and/or instructions from the health care provider and the medication must be given today.
  
  - b. What is the minimum parental permission you must get in order to give Jonathan his ear drops for today only?  
ANSWER: Since Jonathan is a two-year-old participants should reference the 2<sup>nd</sup> table on the handout which states the permissions needed for non-infants. The medication is a prescription ear medication so the program would need verbal permission from the parent.



Handout 2.17

ANSWER KEY

- c. What are the minimum health care provider instructions you must get in order to give Jonathan his ear drops for today only?

ANSWER: The medication is a prescription ear medication so the program would need verbal instructions from the health care provider. The program must ask the health care provider to send instructions in writing.

- d. What permissions and instructions would you need to continue to give the medication tomorrow?

ANSWER: Since the verbal permission is only valid for one-day, the program must get the appropriate permissions and instructions per Handout 2.3 to continue to give the medication on subsequent days; parent – written and health care provider – written.

3. Milo is a two-and-a-half-year-old in your program. He is normally very active and playful but today you notice he appears tired and irritable. You take his temperature. It is 101°F. You contact his mother to have her take Milo home. She tells you she will be there as soon as possible but is about one hour away. She asks if you can give her son Tylenol® chewables until she can pick him up. The instructions she gives you matches the instructions written on the Tylenol® box for his age and weight.

- a. Which Handout are you going to reference to determine the minimum permissions and instructions needed?

ANSWER: Reference Handout 2.15 since the child developed symptoms while in care. Since Milo is two-and-a-half, you should reference the 2<sup>nd</sup> table on the handout which states the permissions needed for non-infants.

- b. What are the minimum parental permissions you must get in order to give Milo Tylenol® for today only?

ANSWER: The program would need verbal permission from the parent.

- c. What are the minimum health care provider instructions you must get in order to give Milo Tylenol® for today only?

ANSWER: Health care provider instructions are not required in this situation since the instructions received from the parent matches the instructions for use on the medication package.

- d. What permissions and instructions would you need to continue to give the medication tomorrow?

ANSWER: Since the verbal permission and instructions are only valid for one-day, the program must get the appropriate permissions and instructions per Handout 2.3 to continue to give the medication on subsequent days; parent – written and health care provider – written.



Handout 2.17

ANSWER KEY

4. Quin is a six-month-old in your program. Her mother arrives in the morning and tells you that she went to the doctor yesterday and was told that Quin has a lot of gas which has been causing her to cry often and to be irritable. The doctor has suggested that Quin be given over-the-counter Mylicon® for the next week. Her mother tells you that she does not have written permission from the health care provider but asks if you could please start giving the Mylicon® that she has brought with her today.
- a. Which Handout are you going to reference to determine the minimum permissions and instructions needed?  
ANSWER: Reference Handout 2.14 since the parent arrived at the program without written instructions or permissions. Since Quin is six months old, you should reference the 1<sup>st</sup> table on the handout which states the permissions needed for infants.
  - b. What are the minimum parental permissions you must get in order to give Quin Mylicon® for today only?  
ANSWER: The program would need written permission from the parent.
  - c. What are the minimum health care provider instructions you must get in order to give Quin Mylicon® for today only?  
ANSWER: The program would need written instructions from the health care provider. The program must request that the health care provider send the instructions in writing.
  - d. What permissions and instructions would you need to continue to give the medication tomorrow?  
ANSWER: Since the verbal instructions are only valid for one-day, the program must get the appropriate permissions per Handout 2.3 to continue to give the medication on subsequent days: parent – written, health care provider – written.