



Handout 3.2

SANITIZING SURFACES CONTAMINATED BY BLOOD OR BODY FLUIDS

Surfaces that have been exposed to blood and other body fluids must be cleaned and then sprayed or wiped with a sanitizing solution and allowed to air dry. All materials that have been exposed to blood or body fluids should be disposed of in a securely tied plastic bag.

Sanitizing Solution

A strong bleach solution is an effective and inexpensive way to sanitize hard surfaces. The correct ratio for the strong bleach solution is 1 part bleach to 10 parts water.

Bleach solutions must be made fresh each day because bleach loses its strength when it is exposed to air, sunlight and heat. Remember to label your spray bottle with the contents and keep out of reach of children. Do not spray surfaces when children are at or near them.

Procedure for Washing and Sanitizing a Bloody Surface

1. Put on gloves.
2. Wash the surface with soap and water.
3. Rinse until clear.
4. Spray the surface with a **sanitizing solution** until it glistens.
5. Let sit for 2 minutes.
6. Wipe with a paper towel or let air-dry.
7. Dispose of contaminated cleaning supplies in plastic bag and secure.
8. Remove gloves and dispose of them in a plastic-lined receptacle.
9. Wash hands thoroughly under running water.